



## Join Our BMC2 Vascular Patient Advisory Council



BMC2 is a network of doctors and other professionals who specialize in conditions related to blood vessels, including:

- Peripheral Vascular Disease - Issues with blood flow in the arms, legs, and other parts of the body.
- Aneurysms - Weakened areas in blood vessels that can bulge or even burst.
- Carotid Arteries - The main arteries that carry blood to your brain and head.

As a member of the Vascular Patient Advisory Council, you will meet others who have experienced similar health challenges, build your community of support, and potentially improve your quality of life by having an opportunity to create positive change.



**Help doctors create resources to increase patient care and safety.**



**Join other patient advisors for community and to attend BMC2 and Patient Advisory Council Zoom meetings about 4 times per year.**



**Share your experience as a patient so those in health care can learn and improve their work.**

### **BMC2 Patient Advisors are compensated for their time. They have given input to:**

- Help doctors and patients work together to make decisions about the best plan for care
- Create a toolkit to assist health care providers with resources for getting more patients to complete cardiac rehab through referrals and participation
- Improve discharge instructions to make them more user-friendly
- Create a plan for more mental health support for patients

**“Joining the Patient Advisory Council allowed me to share what is important to me as a patient and ask questions about how we might improve patient care. BMC2 providers are genuinely interested in listening to patients from different backgrounds and learning from their expertise. This is an opportunity to look at the whole person and to build community.”**

**- Greg, BMC2 Patient Advisory Council member**



INTERESTED? GET IN TOUCH USING ONE OR MORE OF THE FOLLOWING OPTIONS.

- SCAN THE QR CODE
- CALL (734) 998-6400
- EMAIL [INFO.BMC2@UMICH.EDU](mailto:INFO.BMC2@UMICH.EDU)

[LEARN MORE AT BMC2.ORG](http://LEARN.MORE.AT.BMC2.ORG)



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