



BMC2 NEWS

BMC2

December 2020

The newsletter of the Blue Cross Blue Shield of Michigan Cardiovascular Consortium

A NOTE FROM HITINDER GURM

I am pleased to share with you our inaugural BMC2 newsletter. Over the next few months you'll see many other changes in the way we communicate with you: we're working hard on revamping the website, making it easier for you to access BMC2 tools and resources; we'll become active on Twitter and LinkedIn, providing us a way to better share the achievements of our collective work; and we'll provide more regular updates, like these, about BMC2 news, site successes, and engagement opportunities. 2020 has been an unusually challenging year for all of us. I am optimistic that 2021 will be a better year and we look forward to more 'normal' times. I wish to take a moment to THANK YOU for your on-going support of BMC2 and your commitment to the highest quality cardiovascular care. Wishing everyone safe and Happy Holidays and a great New Year!



BMC2 MEETINGS

It has been a busy meeting season for BMC2. We discussed COVID, post PCI medical management, QI projects, and welcomed guest speakers.

The BMC2 PCI Collaborative Webinar, focused on post PCI medical management, was held on November 19. We welcomed renowned clinical trialist Dr. Deepak Bhatt who shared his insights on medical management post-PCI, and followed his presentations with a BMC2 data review and discussion on discharge anti-platelet and lipid therapy. Dr. Devraj Sukul shared "The Prevalence of Coronary Risk Factors Among Patients Undergoing Their First Percutaneous Coronary Intervention: Implications for Primary Prevention" as well as a summary of the BMC2 research that was presented at the American Heart Association Scientific Sessions 2020.

The BMC2 PCI Coordinator Meeting was held on the morning of November 12th. Coordinators heard from guest speaker, Jamie Lindsay, who gave the talk "Getting the elephant to move: How to get people on board with a QI initiative." The group split into breakout rooms to discuss QI processes related to hydration led by Shane Talbot and Cynthia Noack of Mid-Michigan Health; Maureen Pomerleau and Pattie Munoz of McLaren Port Huron led a discussion about Activated Clotting Times; and discharge medications was led by Jill Teats of Ascension Providence Rochester.

The MVSG/BMC2 VS Collaborative Webinar was held on November 5th and focused on effects of COVID in vascular surgery. Drs. Peter Henke and Ash Mansour welcomed speakers from across the state who presented on

"Digital Health in a COVID Era" (Dr. Judith Lin); "In-Home Vascular Testing during COVID-19" (Dr. Robert Cuff); "Examining the impact of COVID on Vascular Surgery" (Dr. Nick Osborne); "COVID Ramp Up: VASCC" (Dr. Nick Mouawad); "SARS CoV-2 Pandemic: Challenges for Surgical Teaching" (Dr. Bill Oppat); and "Michigan Medicine Update: COVID-19, DVU Requests, Thrombosis, and Anticoagulation" (Dr. Andrea Obi).

VS Monthly Coordinator Zoom call was held on October 21st. Michele Forist of Spectrum Health – Meijer Heart, Grand Rapids presented "Reducing SSI for Elective Peripheral Bypass Patients," generating a great open discussion with attendees. Rebecca Fleckenstein also reviewed 2021 Website changes.

PCI WELL-REPRESENTED AT AHA2020

Presentations featuring insights from BMC2 were available on-demand during The American Heart Association Scientific Sessions 2020 (AHA2020). The conference, which ran November 13 – 17 included 5 poster abstracts and 1 oral abstract.

Posters from BMC2 include:

“The Prevalence of Coronary Risk Factors Among Patients Undergoing Their First Percutaneous Coronary Intervention”

Zoya Gurm, Milan Seth, Edouard Daher, Elizabeth Pielsticker, M. Imran Qureshi, Mark Zaniea, Michael Tucciarone, George Hanzel, Devraj Sukul

“Not So Harmless: Marijuana Use and in-hospital Outcomes After Percutaneous Coronary Intervention”

Sang Gune K Yoo, Thomas Earl, Cyril Ruwende, Milind Karve, Ibrahim Shah, Thomas Hill, Hitinder S. Gurm

“Cardiac Rehabilitation Utilization After Percutaneous Coronary Intervention Remains Exceedingly Low and Is Strongly Associated With the Treating Hospital and Operator”

Devraj Sukul, Milan Seth, Michael Thompson, Steven J. Keteyian, Jessica Yaser, John Syrjamaki, Hitinder S. Gurm

“Post-discharge Readmission and Survival After Percutaneous Coronary Intervention Among Patients With a History of Recent Gastrointestinal Bleeding”

Chelsea Meloche, Milan Seth, Ryan D. Madder, Jacob Kurlander, Jessica Yaser, Joseph Chattahi, John Collins, Natesh Lingam, Dilip Arora, Devraj Sukul

“Persistent Racial Disparities in Risks of Readmission and Mortality After Percutaneous Coronary Intervention in the Contemporary Era”

Stephanie Spehar, Milan Seth, Khaldoon Alaswad, Theodore Schreiber, Aaron Berman, John Syrjamaki, Omar Ali, Yousef Bader, Hitinder S. Gurm, Devraj Sukul

Oral Presentation from BMC2:

“The Zip Code Jeopardy: Living in Disadvantaged Areas Is Associated With Significantly Increased Mortality After Percutaneous Coronary Intervention”

Devraj Sukul, Milan Seth, Stephanie Spehar, Michael Thompson, Daniel Bonifacio, Maged Rizk, Abdul Osman, Hitinder S. Gurm

BMC2 RESEARCH FEATURED IN MAJOR NEWS OUTLETS

A press release from the [American Heart Association](#) about the AHA2020 poster “Not So Harmless: Marijuana Use and in-Hospital Outcomes After Percutaneous Coronary Intervention” garnered the attention of [U.S. News & World Report](#) and [NBC News](#) this fall.



STAFF SPOTLIGHT - ANNEMARIE FORREST



BMC2's new Program Manager comes to the team with over 15 years of experience in clinical research and academic health care, most recently as Director of Projects at the Clinical Trials Transformation Initiative.

She was drawn to BMC2 by the opportunity to have a more direct impact on improved patient outcomes and population health. Annemarie spends her days meeting with, and supporting, staff and working on special projects. She most enjoys using what she learns from our sites, program directors and staff, BCBSM, and other CQIs to strategize about how we can optimize the work that is done at the coordinating center.

Annemarie is most excited about engaging patients in our work in the future, as well as better communicating collaborative learning and achievements. You may be surprised to learn that, having started her role on April 13th, Annemarie has never spent a workday in the BMC2 office. Outside of work, Annemarie enjoys cooking, reading, playing soccer, running, walking in the woods, and hanging out with her kids.

UPCOMING WEBINAR

The next BMC2 PCI Physician Meeting Webinar will be held on Thursday January 21 from 6 - 7 pm. We invite you to extend the meeting invitation to your cardiology community, CV team, and trainees. Register at <https://bit.ly/121webinar>.



WELCOME NEW COORDINATORS

New PCI Coordinators:

Ascension Borgess, Kalamazoo – Sharon Hunsberger
Ascension Macomb-Oakland – Warren-Stacey Pipitone
Ascension Providence, Southfield and Novi – Alexandra Posa
Ascension St. Mary's, Saginaw – Jame Bannick
Bronson, Kalamazoo – Erica Danov
DMC Heart, Detroit – Tracy Hack
McLaren Northern Michigan, Petoskey – Jonathan Hagan
Mercy Health, Muskegon – Quinten Davis and Sam Cunningham
Munson, Traverse City – Kelly Desormeaux
Spectrum Health Lakeland, St. Joseph – Rebecca Dill
Spectrum Health Meijer Heart, Grand Rapids – Tyler Nickels

New VS Coordinator:

McLaren Northern Michigan, Petoskey – Thomas Anderson

CALL FOR PARTICIPATION

- Interested in joining either the PCI or Vascular Surgery Best Practice Protocol Task Force? Email Pam Benci at plf@umich.edu.
- Reminder – feedback requested for BMC2-PCI best practice protocol, Arterial Access for Invasive Cardiovascular Procedures. We welcome your edits and comments before finalizing and publishing to BMC2.org. Please respond to Annemarie Forrest, avassalo@umich.edu, with your feedback.
- The Vascular Surgery Publication Committee is accepting new members. Express your interest in joining by emailing Pam Benci at plf@umich.edu.

P4P AND VBR

As always, you can find information on P4P and VBR on our website at <https://bmc2.org/node/1802078>.